

NON-PRESCRIPTION METHOD CONSENT FORM

I, _____, hereby acknowledge that I was given an opportunity to ask questions about all forms of birth control, meaning all prescription, non-prescription, and natural methods. All of my questions were answered to my satisfaction and I understood all of those answers. I understand that no method of birth control, except abstinence, is 100% effective against pregnancy or contracting sexually transmitted diseases, including the Human Immunodeficiency Virus (HIV) infection that leads to the Acquired Immunodeficiency Syndrome (AIDS) disease.

I also acknowledge that the following benefits, risks/side effects, warning signs, alternatives, instructions, and decision to discontinue use option, regarding the birth control method, non-prescription method, were explained to me before I voluntarily decided to use this method of birth control.

CONDOMS (Male and Female)

BENEFITS: Condoms are 79% to 97% effective at preventing pregnancy when used consistently and correctly each time. They provide effective, but not total, protection against most sexually transmitted diseases. With the exception of abstinence, condoms are the most effective method for preventing HIV infection when used consistently and correctly.

RISKS/SIDE EFFECTS:

- ◆ Allergic reaction to latex or polyurethane
- ◆ Potential for condom breakage/slippage

WARNING SIGNS: No serious health problems

INSTRUCTIONS: I understand the condom must be in place before putting the penis in or near the vagina. I understand the instructions for putting the male condom on the penis or inserting the female condom in the vagina. I should not use oil-based lubricants (petroleum jelly, oil, hand lotion) with latex condoms.

DECISION TO DISCONTINUE USE: I understand that I may discontinue the use of condoms at any time. If I do not use the condoms, I understand that my risk of sexually transmitted diseases increases and I should use another form of birth control if I do not desire to become pregnant.

SPERMICIDES (Foam, suppositories, film, gel)

BENEFITS: Spermicides are 50% to 95% effective at preventing pregnancy when used consistently and correctly each time. The effectiveness greatly increases when used along with a condom or diaphragm. They may be used to provide lubrication during intercourse and can appropriately be used for lubrication with a condom.

RISKS/SIDE EFFECTS:

- ◆ Allergic reaction or skin irritation may occur in males and females
- ◆ Vaginal irritation may occur with prolonged use
- ◆ Unpleasant taste with oral-genital sex

WARNING SIGNS: No serious health problems

INSTRUCTIONS: Spermicides should be applied close to the cervix less than 1 hour before intercourse. When using film or suppositories, they must be inserted at least 15 minutes before intercourse but not more than 1 hour. More spermicide should be used before each act of intercourse. Bathing or douching within 6 hours after intercourse increases the risk of pregnancy.

DECISION TO DISCONTINUE USE: I understand I may discontinue use of spermicides at any time. If I discontinue use of spermicides, I understand I should use another method of birth control if I do not desire to become pregnant.

ALTERNATIVES: I have received written information about other methods of birth control and I choose:

- | | |
|---------------------|--------------------|
| ____ Male condoms | ____ Foam |
| ____ Female condoms | ____ Gel |
| ____ Film | ____ Suppositories |

I hereby release the South Dakota Department of Health, the South Dakota Family Planning Program, and any of its employees or agents, from and against any and all claims, damages, or liabilities which I may have against them as a result of my receiving birth control and related medical services, supplies, and/or procedures.

Client Signature

(date)

Witness Signature

(date)